

GRIEF AND LOSS OF PETS



I have had the unique opportunity to have been able to help many people cope with the loss and grief in losing a pet. I have a lot of experience with animals and can relate on many levels with those that have lost a pet and so truly empathise with what you may experience at this time.

The grief and loss one will feel after losing a pet will be no different to that of any other loss. This can include losing someone you love or are close too, even the loss of a friendship, the community you live in or your job.

When you lose a pet, how you may feel and cope with life on a daily basis is no different to that of other losses.

Having bred beautiful Burmese with my husband for a number of years, we have suffered our fair share of grief and loss. Even rearing a litter of kittens and then having to say goodbye when they join their new family and home, has been a process of grief and loss for us.

The loss of a pet can be a truly unique journey. As a professional counsellor and therapist, I offer a unique service that takes into consideration the care, time and

special understanding of the rare bond a person and pet can hold.

Josephine Byrnes-Luna

Registered Professional Counsellor

Dip Prof Couns; Adv Cert Mrktg; Adlt Ed; JP
Qualified Member A.C.A. Grad Member A.I.P.C.
Member ACA College of Supervisors

Specialising in:

Personal & Relationship Coaching and Counselling
Childhood Development and Parenting
Workplace and Career Coaching and Counselling
Management Coaching
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'Helping to Restore Balance'
Personally & Professionally